Treatment options for MDR & XDR Gram-Negative infections

Rozita khodashahi

ID specialist, Fellowship in IC host & transplant patient

Assistant professor

Mashhad University of Medical Sciences

MDR XDR PDR not susceptible to at least one agent not susceptible to at least one agent not susceptible to all agents in all in at least three antimicrobial in all but one or two antimicrobial antimicrobial classes

classes

classes

In management of MDR GNB infections



BIG NOTE

When a MDR gram-negative pathogen is suspected, the <u>early</u> <u>prescription of a broad-spectrum, combination regimen, followed</u> <u>by a prompt de-escalation upon availability of susceptibility tests should be recommended</u>



Proper Use of \(\beta\)lactams



- The use of β-lactams should be maximized by a PK/PD point of view with the administration of high dosages and prolonged infusion strategies maximizing the time above the MIC (t>MIC).
- A loading dose followed by maintenance doses with extended or continuous infusion is recommended

Proper use of antibiotics

ABxs which should always use in combination therapy
 Rifampin , Fosfomycin and Tygecycline

Following Abs dose not require loading dose:

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FQs , AGs ,
Rifampin ,
Fosfomycin ,
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Sulbactam

Mechanisms of resistance of Gram-negative bacteria



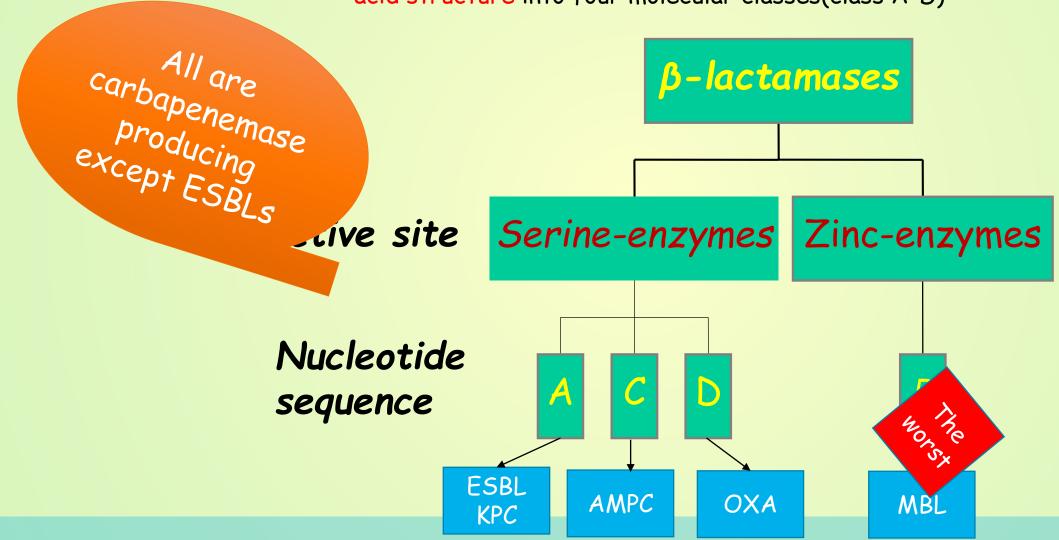
1-The most common mechanism of resistance is production of b-lactamases,

2- Down-regulation of porins

3-Efflux pumps, most common in P. aeruginosa-

Ambler Classification of \(\beta\)-Lactamases

In this classification, \(\beta \)-Lactamases are classified according to their amino-acid structure into four molecular classes (class A-D)



β-Lactamases – Class A

Enzymes		Spectrum	Epidemiology	
ESBL: TEM, SHV, CTX-M,		Penicillins, Cephalosporins (except cefamycins), Aztreonam. Inhibited by β-lactamase inhibitors	Community and nosocomial infections	
KPC		Penicillins, Cephalosporins Aztreonam, <u>Carbapenems</u> . Inhibited by <i>B-lactamase</i>	Mainly nosocomial outbreaks	
	THE MOST PREVALENT ENZYME BETWEEN EB		SPP.	
				MDR GNB resistant infections, Matteo Bassetti,et al. IJM 2016

KPC enzymes of class A

- <u>Initially</u> reported from K. pneumoniae isolates in several northeastern U.S. out 5 nks,
 KPCs have been found where vide in multiple other GN species, such as E. coli, Citrobacter, otherobacter, Salmonella, Serratia, and P. aeruginosa.
- Mainly nosocomial

MDR GNB resistant infections, Matteo Bassetti, et al. IJM 2016

Metallo β-lactamases – Class B

Enzymes	Spectrum	Epidemiology
Metallo β-lactamases	Penicillins 2	Nosocomial outbreaks
	Cephalosporins	and endemic situations
(VIM, IMP,SPM,	Cephalosporins Carbapenems	
SIM,GIM,NDM)	No.	
	Not inhibited by b- lactamase inhibitors	No.
	lactamase inhibitors	1 %

are expressed by both enterics and P. aeruginosa

MDR GNB resistant infections, Matteo Bassetti,et al. IJM 2016

AmpC type β-Lactamases – Class C

Enzymes	Spectrum	Epidemiology
AmpC type (CMY-2, FOX-1, others)	Penicillins, cephalosporins (except cefepime), and monobactams Not inhibited by β -lactamase inhibitors	Community and nosocomial infections

β-Lactamases – Class D

Enzymes	Spectrum	Epidemiology
Oxacillinase (OXA) (OXA-23 ,24,58,146, others)	Penicillin, Aztreonam and Carbapenems	Nosocomial outbreak
	Not inhibited by B-lactamase inhibitor	

are mostly expressed in P. aeruginosa and A. baumannii



Carbapenemase resistant
Enterobacteriacae (CPE)

Mechanisms of resistance to carbapenems:

- 1) Carbapenemase production,
- 2) Combination of <u>Class C enzymes</u> expression (encoded by chromosomal or plasmid genes) or <u>some ESBL</u>
- 3) loss or structural modification of porins

4) Changes in PBPs (less frequently)

Treatment options for CRE

Antibiotics that:

- > Permeabilize the bacterial cell membrane (e.g., polymyxins),
- > Interfere with cell wall synthesis (e.g., fosfomycin), or
- > Inhibit protein synthesis (e.g. AGs or Tigecycline)

may decrease the MIC, sufficiently, so that it is exceeded when a carbapenem is co-administered.

Therefore, combination therapy should be strongly considered.

Treatment options for CPE

<u>Combination therapy</u> is recommended as first-line treatment for patients diagnosed with a <u>severe infection caused by CPE</u>

Criteria for Monotherapy:

- · non-severe infections,
- the site of the infection is adequately controlled
- a fully active antimicrobial, with an adequate infection site penetration, can be prescribed,

What is the 1st -line therapy for a patient with an infection caused by CPE?

- Treatment recommendations in CRE infections are mostly based on the accumulating clinical experience from KPC and should be based on several aspects.
- <u>Combination treatment</u> containing two or three active drugs has shown significant advantages over monotherapy in terms of survival for KPC infections.
- Tumbarello et al. supported the use of carbapenems for the treatment of KPC, but with some fundamental conditions, such as low carbapenem MIC for the infecting organism (≤8 mg/L), optimal PK/PD exposure to carbapenem, and combination with another active compound

MDR GNB-resistant infections, Matteo Bassetti, et al. IJM 2016

Combination therapy for CRE

If MIC value for Carbapenem is ≤8-16 mg/L

HD Carbapenem administered by EI

+

one or two fully active agent

(Colistin, Tigecycline, AG, Fosfomycin)

Combination therapy for CRE

If MIC value for Carbapenem is >8-16 mg/L

- In this case, carbapenems are probably ineffective, especially if the MIC value is >16 mg/L.
- <u>A combination therapy regimen</u> that includes at least two completely active antimicrobials, according to the susceptibility study and the site of the infection (colistin, AGs, fosfomycin and tigecycline)

Double-carbapenem regimen for CPE

- <u>Double-carbapenem regimen (ertapenem plus HD meropenem or doripenem)</u> has shown to enhance efficacy over either agent alone in previous in vitro and in vivo studies and has been recently considered a possible therapeutic strategy in KPC with high carbapenem MIC or colistin resistance.
- The proposed rationale is that ertapenem has a higher affinity to the KPC enzyme, therefore acting as a suicide substrate and allowing the second carbapenem to be protected from the KPC carbapenemase.
- Controlled clinical data, however, are needed to determine the efficacy of this treatment.

Treatment options for CRE

Tigecycline

- Clinical use of Tigecycline for MDR infections has been heterogeneous, but seem to be effective and safe in the treatment of CRE as part of a combination regimen especially when administered at higher doses
- The mean <u>serum concentrations</u> and <u>the urinary concentrations</u> of tigecycline are <u>low.</u>

usually display activity against CRE and CRAB, but not CRPA, since P. aeruginosa is inherently resistant



Infections
produced by MDR
A. baumannii

Therapeutic options for *A. baumannii*

- Carbapenems
- · Sulbactam,
- Aminoglycosides,
- polymyxins and
- Tigecycline

Mechanisms of carbapenem resistance in MDR A. baumannii (CRAB)

Carbapenemases:

- 1-The most important : <u>acquired Oxacillinases (class D)</u>
- a) OXA-23-like, (the most prevalent)
- b) OXA-24-like,
- c) OXA-58-like
- d) OXA-143-like
- 2-MBLs (class B), and class A (less frequent).
- A. baumannii also produces a class C chromosomal cephalosporinase with an irrelevant role in establishing resistance to carbapenems

Colistin in treatment of MDR AB

- Monotherapy with colistin or polymyxin B, has not proven to be more effective than their comparators in VAP caused by this MO.
- The main limitation of these studies lies in the heterogeneity of the patients enrolled and in the variability of the colistin dosage.
- The use of colistin monotherapy can lead to <u>hetero-resistant mutants</u> and <u>failure in microbiological eradication</u> can reach up to 30%

Sulbactam in treatment of MDR AB

- · In strains susceptible to colistin and
- demonstrating a low MIC for sulbactam (≤4 mg/L), the use of sulbactam may be preferable in the directed therapy based on its better safety profile and to preserve colistin.

Sulbactam in treatment of MDR AB

- A recent RCT reported that treatment with sulbactam (Ampicillin-sulbactam 9-12 gr of Sulbactam) compared to colistin for HCAP had similar adverse effects and similar clinical and microbiological outcomes *.
- Other observational studies have reported <u>similar</u> outcomes with different associations of sulbactam versus their comparators

Combination regimens for treatment of MDR AB infections

Colistin-Carbapenem

 has been analysed only in retrospective studies suggesting that colistin-carbapenem combinations may result in improved clinical responses and survival compared to other regimens and may also limit the emergence of colistin resistance

Colistin and sulbactam or tigecycline:

 has not demonstrated superiority to colistin alone for the treatment of severe infections caused by MDR A. baumannii

-J.M. Aguado et al, Management of MDR GNB infections in SOT recipients: SET/GESITRA-SEIMC/REIPI recommendations, 2017, Spain

Combination regimens for treatment of MDR AB infections

Colistin and rifampicin

- has not demonstrated superiority to colistin alone for the treatment of severe infections caused by MDR A. baumannii, although it offers a <u>higher rate of microbiological eradication</u>
- Despite promising in vitro and animal studies (particularly for rifabutin), the panel does not favor the use of rifamycin.

Colistin and vancomycin

 has not demonstrated superiority to colistin alone for the treatment of severe infections caused by MDR A. baumannii and increases the risk of renal toxicity



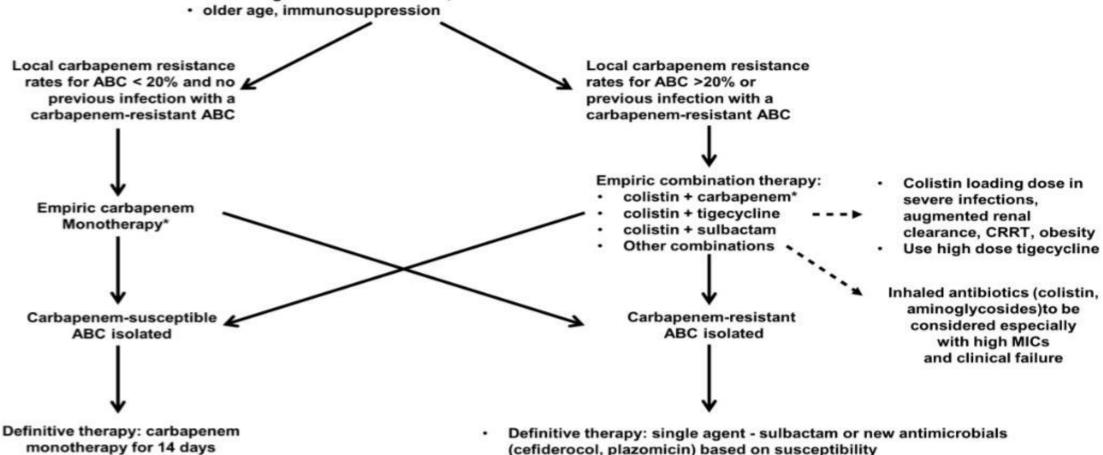
Review

Acinetobacter Pneumonia: Improving Outcomes With Early Identification and Appropriate Therapy

Cristina Vazquez Guillamet et al. Clin Infect Dis. 2018.



- · prior colonization with ABC
- ICU with high rates of ABC infections/ABC outbreak
- · nursing home residence/prolonged ICU stay
- · severe infection/respiratory failure
- · previous antibiotic use especially carbapenems and 3rd generation cephalosporins
- · indwelling devices: central lines, endotracheal tube



depending on clinical evolution

- ABC susceptible only to colistin or tigecycline use combination therapy
- Treatment duration 14 days depending on clinical evolution

What Is the Role of Cefiderocol Therapy for the Treatment of Infections Caused by CRAB

- Cefiderocol should be limited to the treatment of CRAB infections refractory to other antibiotics or in cases where intolerance to other agents precludes their use.
- When cefiderocol is used to treat CRAB infections, the panel suggests prescribing the agent as part of a combination regimen.

 Table 1. Dosing Recommendations for Acinetobacter Pneumonia

Antibiotic	Loading Dose	Maintenance Dosing	Extended Infusion
Parenteral			
Ampicillin/Sulbactam	***	8 g / 4 g every 8 h	4 h infusion
Sulbactam		4 g every 8 h	4 h infusion
Colistin base	360 mg (9 million IU)	140 mg every 12 h (4.5 million IU every 12 h)	
Polymyxin B	2 mg/kg	1.25 mg/kg every 12 h	
Tigecycline ^a	200 mg	100 mg every 12 h	***
Meropenem		2 g every 8 h	3–4 h infusion ^b
Minocycline	200 mg	100-200 mg every 12 h	
Rifampicin ^d		600 mg every 12 h	
Fosfomycin ^d		12-24 g/d (divided 3-4 doses)	
Cefiderocol ^c		2 g every 8 h	3–4 h infusion ^b
Plazomicin ^c		15 mg/kg every 24 h	···
Eravacycline ^c		1.5 mg/kg every day	
Aerosol			
Colistin base	***	2 million IU every 8 h	***
Amikacin/Fosfomycin ^c		300 mg/120 mg every 12 h	w

